

**HEALTHCARE PROFILES**   
ALBUQUERQUE 2012

## Choosing Your Medi-Spa Wisely

With the proliferation of medical spas offering treatments from lasers to fillers, selecting the best spa for cosmetic treatments can be overwhelming. While the choices can be daunting, one must consider the qualifications of those who are providing the treatments before choosing the spa.

**I**n this day and age, many "medical" spas are owned and/or operated by physicians trained in specialties other than the skin; some may not even be run by a physician at all. Patients should always check the credentials of the spa before beginning treatment.

At Western Dermatology Consultants, the medical spa is owned and operated by three board-certified female dermatologists. A dermatologist is a physician who has completed four years of medical school, one year of internship, and three years of specialized training to become a skin expert. Many physicians claim to specialize in skin care, but they do not have the education, training, and experience of a board-certified dermatologist.

"After we opened The Spa at WDC, we found that many patients were coming to us for follow-up care from other spas. With our specialized training, we are able to provide that care," says Dr. Leslie Glass.

When selecting a spa to provide cosmetic treatments, the dermatologists at WDC recommend that patients first understand the procedure they are considering; secondly, patients should confirm that the provider has the education, experience, qualifications, and training to treat all skin conditions.

You should only trust your skin to a dermatologist.

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The Spa at WDC recently celebrated its 10th anniversary. It is a full-service medical spa offering Botox®, chemical and glycolic peels, Endermologie® laser hair reduction, Isolaz®, Clear + Brilliant™, Juvéderm®, microdermabrasion, skin resurfacing, Restylane®, sclerotherapy, and Thermage®.

A myriad of spas offer these same services, but if a patient encounters a problem or an allergic reaction, not all facilities or providers are equipped to address those unique conditions.

At The Spa at WDC, patients enjoy the benefits of these rejuvenating services knowing that their health and safety are top priorities of the highly trained dermatologists.

Call the Spa at **505-855-9267** to schedule a consultation.

{l to r} The Board-Certified Dermatologists of Western Dermatology Consultants:  
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