

# THE SPA @ WDC

# SKIN TYPING

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to:

I. Very fair (Celtic and Scandinavian)	_____	_____
II. Fair-skinned Caucasian with light hair and eyes	_____	_____
III. Pale-skinned Caucasian with dark hair and eyes	_____	_____
IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	_____	_____
V. Dark-skinned (Mid-Eastern, Hispanic, Asian, Some African)	_____	_____
VI. Very Dark-Skinned (African)	_____	_____

My eye color is:

Light blue	_____	0.
Blue/Green	_____	1.
Green/Gray/Golden	_____	2.
Hazel/Light brown	_____	3.
Brown/Black	_____	4.

My natural hair at age 18 was:

Red	_____	0.
Blonde	_____	1.
Light Brown	_____	2.
Dark Brown	_____	3.
Black	_____	4.

The color of my skin that is normally not exposed to sun is:

Pink to Reddish	_____	0.
Very Pale	_____	1.
Pale with a Brown tint	_____	2.
Light Brown	_____	3.
Medium to Dark Brown	_____	4.
Dark Brown/Black	_____	5.

If I go out in the sun without sunscreen and don't sunbath regularly, my skin Will:

Burn, Blister and Peel	_____	0.
Burn, then when it resolves there's little or no color change	_____	1.
Burn, then turns into a tan in a few days	_____	2.
Get pink, then turns into a tan quickly	_____	3.
Just tan	_____	4.
Just gets darker	_____	5.
My skin color is so dark, I can't tell	_____	6.

When was the last time you were exposed to natural sunlight, tanning booths or artificial tanning creams?

Longer than one month ago	_____	0.
Within the past month	_____	1.
Within the last two weeks	_____	2.
Within the last week	_____	3.

<u>If your score is:</u>	<u>Your skin type is:</u>
0 - 3	I
4 - 7	II
8 - 11	III
12 - 15	IV
16 - 19	V
20 - 24	VI

**TOTAL SCORE** \_\_\_\_\_